

Proverbs 3:5-6 – Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2026 The Lodge at Bethany Cafe Menu			Various Snacks available throughout the day Menu items are subject to change with little to no notice	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Pepper Steak & onions, Roasted Potato, Green Beans, Roll & Dessert 5:00pm Hot Turkey & Cheddar Sliders, Onion Rings, Pickle, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Tortilla Crusted Fish Fillet, Cheese grits, Broccoli, Hushpuppies, & Dessert 5:00pm Beef Burrito, Mexican Rice, Green Salad, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Chicken And Rice, Garden Peas, Sweet potato yams, Roll, & Dessert 5:00pm Hamburger casserole, Whole Corn, Cornbread, & Dessert
8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Apple Glazed Pulled Pork, Lima Beans, Cabbage Cornbread, & Dessert 5:00pm Gumbo Soup, Steamed White Rice, Breadstick, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Fried or Baked Chicken, Pineapple Casserole, Season Green beans, Roll, & Dessert 5:00pm Tuna Salad Croissant sandwich, Fried Zucchini, celery Sticks, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Hawaiian Pork, Yellow Rice, Squash & onions, Roll & Dessert 5:00pm Broccoli Quiche, Green Salad, Roll, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Spaghetti w/ meat sauce, Green Salad, Corn on Cob, Garlic Toast, & Dessert 5:00pm French toast, Western Omelet, Fruit Bowl, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Beef & Broccoli Bowl w/ Rice, Eggroll & Dessert 5:00pm Chicken Pot Pie Casserole, Green beans, Breadstick, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Baked Fish w/Creamy Sauce, Wild Rice, Zucchini, & Dessert 5:00pm Hot Ham & Cheese Sandwich, Potato Chips, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm BBQ Ribs, Creamed Corn, Seasoned Cabbage, Roll & Dessert 5:00pm Chicken Tenders, French Fries, Cole Slaw, & Dessert
8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Baked Turkey w/ Gravy, Lima Beans, Sautéed Zucchini and Onions, Cornbread, & Dessert 5:00pm Cauliflower Bisque Soup, Caesar Salad, Garlic Cheddar Biscuit, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Fried or Baked Chicken, Corn Nuggets, Broccoli w/ Cheese Sauce Roll, & Dessert 5:00pm Salmon Patty, Cheese Grits, Stewed Tomato, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Italian Baked Porkchops, Stewed Potato, Collard Greens, Biscuit & Dessert 5:00pm Personal Pizza (Pepperoni, Supreme, or Cheese) Green Salad, Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Beef Stew over Rice, Fried Squash, Tomato Wedge, Biscuit, & Dessert 5:00pm Grits, Bacon, Toast or Bagel, Eggs & Fruit	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Honey Garlic Chicken Thighs w/ Rice, Broccoli, carrots & Cabbage, Eggroll, & Dessert 5:00pm Sloppy Joe, Potato Wedges, Cucumber onion Salad, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Fried Shrimp, Wild Rice, Corn, Breadstick & Dessert 5:00pm Smoked Sausage, Pinto Beans, Broccoli, Roll, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Salisbury Steak, Rice, Stewed Tomato, Biscuit, & Dessert 5:00pm Classic club Sandwich, French Fries, Bread & Butter Pickles, & Dessert
8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm BBQ Roast, Field Peas, Potato Salad, Roll & Dessert 5:00pm Ham & Bean Soup, Slice Ham, Cornbread, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Fried or Baked Chicken, Mac&Cheese, Cabbage, Cornbread, & Dessert 5:00pm Crab Cake, Baked Beans, Coleslaw, Breadstick & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm (*TRAD LUNCH BUNCH*) Sliced Ham, Seasoned Greens, Yams, Biscuit, & Dessert 5:00pm Chilli Cheese Hotdog, French Fries, Pasta Salad & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Country Fried Beef Steak w/ Mash potato & Gravy, Harvard Beets, Roll, & Dessert 5:00pm Sausage Gravy Over Biscuit, Scrambled Eggs, Bacon, Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Orange Chicken, Fried Rice, Cabbage, Eggroll, & Dessert 5:00pm Cheeseburger w/ Lettuce & Tomato, Fried Onion Rings and Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Seafood Casserole, Green Salad, Steamed Vegetable, Breadstick & Dessert 5:00pm Pigs-n-Blanket, baked beans, Macaroni Salad, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Chicken Broccoli Bake, Green Peas, Biscuit, & Dessert 5:00pm Green Salad w/ Fajita Steak, Mango Salsa, Fried Tortilla Strips, & Dessert
8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Seasoned Pork loin w/ kraut, Blackeye Peas, Collard greens Biscuit, & Dessert 5:00pm Broccoli Cheddar Soup, Autumn Salad, Baguette Bread, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Fried Or Baked Chicken, Mash Potato Gravy, Lima Beans, Cornbread & Dessert 5:00pm Fish Sandwich, Steamed Carrots, French Fries, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Stewed Porkchops w/ Gravy, Rice, Collard Greens, Corn bread, & Dessert 5:00pm Boneless BBQ Wings, Potato Wedges, Amish Slaw, Roll & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Meat Loaf, Mashpotatoes, Steamed Broccoli, Roll, & Dessert 5:00pm Pancakes, Sausage, Boiled Eggs & Fruit	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Teriyaki Chicken, Lomien Noodles, Steamed Vegetable, Eggroll, & Dessert 5:00pm Pulled Pork Sliders, Sweet Potato Fries, Apple Raisin Salad, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Oven Grilled Salmon w/ Creamy Sauce, Steamed Squash, Yellow rice, Garlic Roll, & Dessert 5:00pm Corndog Nuggets, Brussel Sprouts, Tator Tots, & Dessert	8:00am Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00pm Oven Fried chicken, Rice & Gravy, Rutabagas, Roll, & Dessert 5:00pm Beef Ragù w/ Noodles, Steamed Vegetable, Garlic Toast, & Dessert





Psalm 145:5 – Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will straighten your way.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2026 The Lodge at Bethany Traditional Activities are subject to change with little to no notice						
Employee Birthdays Diamond Stokes 1-05 Valerie Barber 1-08 Melissa Williams 1-09 Bruce Pollard 1-10 Maceyla Griffin 1-19 Latasha Taylor 1-24 Lakeva Jones 1-26 Angela Alston 1-29				8:30am Early Morning Devotion by Joyce Collins 10:00am Cornhole, Ax Throwing 2:00pm Hand & Foot 3:30pm Scrabble / Table Games 8:00pm Lets Go Georgia!!!! "Sugar Bowl" Georgia v/s Ole Miss played in New Orleans. Kick off is at 8PM Eastern		
2:00pm Movie of the Day "Residents Choice" 3:00pm Sunday Service w/ Wesley Mincey 4:00pm Wii Bowling	8:30am Early Morning Devotion 9:00am Salon 10:00am Hot Chocolate and Cookies 10:30am Deal or no deal 1:00pm Music w/Stam Haselton 3:00pm Chair Exercise with Sandra and Curtis 3:30pm Wii Bowling	8:30am Early Morning Devotion 10:00am Craft Activity w/ Christy with the Regional Library 1:00pm Resident Council Meeting 1:45pm Fitness Workout w/ Mouse 2:30pm BINGO 4:00pm Massage Chair Therapy Happy Birthday Pat Wooke	9:00am Coffee Social & Reminiscing 10:30am Chair YOGA w/ Becky Hoover 11:00am Devotion w/ Suzanne Click 2:00pm Movie & Popcorn/The Chosen Season 1 Episode 1 3:30pm Massage Chair Therapy	8:30am Early Morning Devotion 10:00am Get to know your neighbor 11:00am Sing-Along w/ Tom Alderman 2:00pm Piano w/ Donna Brigman 3:00pm Exercise w/Eleanor 3:30pm Scrabble / Table Games	8:30am Early Morning Devotion w/ Kim 10:00am Reading w/ Bowen Hopkins 10:30am Chair Exercise w/ Sandra 11:00am Wii Bowling 2:00pm Music with Mary Hannah Samples 2:45pm Elvis Birthday Celebration w/ Music by Russ Lanier 3:00pm Cheesecake Social Happy Birthday Helen Rosengart	All Day Card Games: Hand & Foot, Rummikube, Five Crowns, 2:00pm BINGO 3:00pm Movie of the Day "Residents Choice"
2:00pm Movie of the Day "Residents Choice" 3:00pm Sunday Service w/ Wesley Mincey & Friends 4:00pm Wii Bowling	8:30am Early Morning Devotion 9:00am Salon 10:00am Family Fued 1:00pm Music w/Stam Haselton 1:45pm Music with Elizabeth Casper 3:00pm Chair Exercise with Sandra and Curtis 3:30pm Wii Bowling	8:30am Early Morning Devotion 9:45am Shopping Trip to Dollar General 1:45pm Fitness Workout w/ Mouse 2:15pm Prize Butterbean Auction 4:00pm Massage Chair Therapy Happy Birthday Faye Akins	9:00am Coffee Social & Reminiscing 10:30am Chair YOGA w/ Becky Hoover 11:00am Mid Week Bible Devotion w/ Johnathan / Pittman Park 2:00pm Movie & Popcorn/The Chosen Season 1 Episode 2 3:30pm Massage Chair Therapy 7:00pm Metter Mennonite Singers	8:30am Early Morning Devotion 10:00am Pet Therapy in Gym 10:30am Prize Bingo with Ashley Meadows 2:00pm Piano w/ Donna Brigman 3:00pm Exercise w/Eleanor 3:30pm Scrabble / Table Games	8:30am Early Morning Devotion w/ Kim 10:00am Reading w/ Bowen Hopkins 10:30am Chair Exercise w/ Sandra 11:00am Wii Bowling 2:00pm Piano w/ Dr. Braz 2:30pm January Birthday Celebration	All Day Card Games: Hand & Foot, Rummikube, Five Crowns, 2:00pm BINGO 3:00pm Movie of the Day "Residents Choice"
10:00am Sunday Service with Jordan Walker 2:00pm Movie of the Day "Residents Choice" 4:00pm Wii Bowling	8:30am Early Morning Devotion 9:00am Salon 10:00am Five Crowns 1:00pm Music w/Stam Haselton 2:00pm Music with Rhythm 301 3:00pm Chair Exercise with Sandra and Curtis 3:30pm Wii Bowling	8:30am Early Morning Devotion 10:45am Lunch Bunch Out to Longhorn 1:45pm Fitness Workout w/ Mouse 2:30pm BINGO 4:00pm Massage Chair Therapy	9:00am Coffee Social & Reminiscing 10:30am Chair YOGA w/ Becky Hoover 10:30am Music with Hadley Campbell 2:00pm Movie & Popcorn/The Chosen Season 1 Episode 3 3:30pm Massage Chair Therapy	8:30am Early Morning Devotion 10:00am Left Right Center Game 11:00am Music w/ Tom Alderman 2:00pm Piano w/ Donna Brigman 3:00pm Exercise w/Eleanor 3:30pm Scrabble / Table Games	8:30am Early Morning Devotion w/ Kim 10:00am Reading w/ Bowen Hopkins 10:30am Chair Exercise w/ Sandra 11:00am Wii Bowling 2:00pm Fun Music & Dancing w/Donnie Collins 3:00pm Hot Apple Pie Social	All Day Card Games: Hand & Foot, Rummikube, Five Crowns, 2:00pm BINGO 3:00pm Movie of the Day "Residents Choice"
10:00am Sunday Service with Mr. Powell Collins 2:00pm Movie of the Day "Residents Choice" 4:00pm Wii Bowling	8:30am Early Morning Devotion 9:00am Salon 10:00am Snowman / Snow globe Craft 1:00pm Music w/Stam Haselton 1:45pm Music with Elizabeth Casper 3:00pm Chair Exercise with Sandra and Curtis 3:30pm Wii Bowling	8:30am Early Morning Devotion 9:45am Outing Trip to Annie's Nail Salon 1:45pm Fitness Workout w/ Mouse 2:30pm BINGO 4:00pm Massage Chair Therapy	9:00am Coffee Social & Reminiscing 10:30am Chair YOGA w/ Becky Hoover 11:00am Devotion 2:00pm Movie & Popcorn/ The Chosen Season 1 Episode 4 3:30pm Massage Chair Therapy	8:30am Early Morning Devotion 10:45am Shopping Trip to Belk 2:00pm Piano w/ Donna Brigman 3:00pm Exercise w/Eleanor 3:30pm Scrabble / Table Games	8:30am Early Morning Devotion w/ Kim 10:00am Reading w/ Bowen Hopkins 10:30am Chair Exercise w/ Sandra 11:00am Wii Bowling 2:00pm Winter Wonderland Celebration Happy Birthday Carolyn Cannon	All Day Card Games: Hand & Foot, Rummikube, Five Crowns, 2:00pm BINGO 3:00pm Movie of the Day "Residents Choice"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>January 2026</h1> <h2>The Lodge at Bethany Memory Care</h2> <h3>Cafe Menu</h3> <p>Menu items are subject to change with little to no notice</p>				8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Pepper Steak & onions, Roasted Potato, Green Beans, Roll & Dessert 5:00 Hot Turkey & Cheddar Sliders, Onion Rings, Pickle, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Tortilla Crusted Fish Fillet, Cheese grits, Broccoli, Hushpuppies, & Dessert 5:00 Beef Burrito, Mexican Rice, Green Salad, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Chicken And Rice, Garden Peas, Sweet potato yams, Roll, & Dessert 5:00 Hamburger casserole, Whole Corn, Cornbread, & Dessert
8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Apple Glazed Pulled Pork, Lima Beans, Cabbage Cornbread, & Dessert 5:00 Gumbo Soup, Steamed White Rice, Breadstick, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Fried or Baked Chicken, Pineapple Casserole, Season Green beans, Roll, & Dessert 5:00 Tuna Salad Croissant sandwich, Fried Zucchini, celery Sticks, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Hawaiian Pork, Yellow Rice, Squash & onions, Roll & Dessert 5:00 Broccoli Quiche, Green Salad, Roll, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Spaghetti w/ meat sauce, Green Salad, Corn on Cob, Garlic Toast, & Dessert 5:00 French toast, Western Omelet, Fruit Bowl, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Beef & Broccoli Bowl w/ Rice, Eggroll & Dessert 5:00 Chicken Pot Pie Casserole, Green beans, Breadstick, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Baked Fish w/ Creamy Sauce, Wild Rice, Zucchini, & Dessert 5:00 Hot Ham & Cheese Sandwich, Potato Chips, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 BBQ Ribs, Creamed Corn, Seasoned Cabbage, Roll & Dessert 5:00 Chicken Tenders, French Fries, Cole Slaw, & Dessert
8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Baked Turkey w/ Gravy, Lima Beans, Sautéed Zucchini and Onions, Cornbread, & Dessert 5:00 Cauliflower Bisque Soup, Caesar Salad, Garlic Cheddar Biscuit, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Fried or Baked Chicken, Corn Nuggets, Broccoli w/ Cheese Sauce Roll, & Dessert 5:00 Salmon Patty, Cheese Grits, Stewed Tomato, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Italian Baked Porkchops, Stewed Potato, Collard Greens, Biscuit & Dessert 5:00 Personal Pizza (Pepperoni, Supreme, or Cheese) Green Salad, Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Beef Stew over Rice, Fried Squash, Tomato Wedge, Biscuit, & Dessert 5:00 Grits, Bacon, Toast or Bagel, Eggs & Fruit	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Honey Garlic Chicken Thighs w/ Rice, Broccoli, carrots & Cabbage, Eggroll, & Dessert 5:00 Sloppy Joe, Potato Wedges, Cucumber onion Salad, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Fried Shrimp, Wild Rice, Corn, Breadstick & Dessert 5:00 Smoked Sausage, Pinto Beans, Broccoli, Roll, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Salisbury Steak, Rice, Stewed Tomato, Biscuit, & Dessert 5:00 Classic club Sandwich, French Fries, Bread & Butter Pickles, & Dessert
8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 BBQ Roast, Field Peas, Potato Salad, Roll & Dessert 5:00 Ham & Bean Soup, Slice Ham, Cornbread, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Fried or Baked Chicken, Mac&Cheese, Cabbage, Cornbread, & Dessert 5:00 Crab Cake, Baked Beans, Coleslaw, Breadstick & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 (*TRAD LUNCH BUNCH*) Sliced Ham, Seasoned Greens, Yams, Biscuit, & Dessert 5:00 Chili Cheese Hotdog, French Fries, Pasta Salad & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Country Fried Beef Steak w/ Mash potato & Gravy, Harvard Beets, Roll, & Dessert 5:00 Sausage Gravy Over Biscuit, Scrambled Eggs, Bacon, Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Orange Chicken, Fried Rice, Cabbage, Eggroll, & Dessert 5:00 Cheeseburger w/ Lettuce & Tomato, Fried Onion Rings and Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Seafood Casserole, Green Salad, Steamed Vegetable, Breadstick & Dessert 5:00 Pigs-n-Blanket, baked beans, Macaroni Salad, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Chicken Broccoli Bake, Green Peas, Biscuit, & Dessert 5:00 Green Salad w/ Fajita Steak, Mango Salsa, Fried Tortilla Strips, & Dessert
8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Seasoned Pork loin w/ kraut, Blackeye Peas, Collard greens Biscuit, & Dessert 5:00 Broccoli Cheddar Soup, Autumn Salad, Baguette Bread, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Fried Or Baked Chicken, Mash Potato Gravy, Lima Beans, Cornbread & Dessert 5:00 Fish Sandwich, Steamed Carrots, French Fries, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Stewed Porkchops w/ Gravy, Rice, Collard Greens, Corn bread, & Dessert 5:00 Boneless BBQ Wings, Potato Wedges, Amish Slaw, Roll & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Meat Loaf, Mashpotatoes, Steamed Broccoli, Roll, & Dessert 5:00 Pancakes, Sausage, Boiled Eggs & Fruit	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Teriyaki Chicken, Lomien Noodles, Steamed Vegetable, Eggroll, & Dessert 5:00 Pulled Pork Sliders, Sweet Potato Fries, Apple Raisin Salad, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Oven Grilled Salmon w/ Creamy Sauce, Steamed Squash, Yellow rice, Garlic Roll, & Dessert 5:00 Corn dog Nuggets, Brussel Sprouts, Tator Tots, & Dessert	8:00 Cereal, Grits, or Oatmeal, Sausage or Bacon, Eggs, Toast & Fruit 12:00 Oven Fried chicken, Rice & Gravy, Rutabagas, Roll, & Dessert 5:00 Beef Ragu w/ Noodles, Steamed Vegetable, Garlic Toast, & Dessert

Various snacks
are available
throughout the day



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h1>January 2026</h1> <h2>The Lodge at Bethany Memory Care</h2> <p>Activities are subject to change with little to no notice</p>				10:00 Obie game play 1:00 Music Sing-Along 2:00 Movie 	8:15 Devotion - Daily Reading w/ Kim 9:30 Reality Orientation 10:00 Weekly Reading w/ Bowen Hopkins 10:30 Chair Exercise w/ Sandra 1:00 Word Search 2:00 Music with Kayleigh Brooke 3:00 Blueberry Muffin social Happy Birthday Helen Rosengart	10:00 Movie (Resident's choice) 1:00 Circle Time "Balloon Noodle Ball" 3:00 Basketball/Air Hockey	
9:00 Obi Game Play 10:30 Bethany Bingo 3:00 Sunday Service Wesley Mincey (CH)	8:15 Devotion - Daily Reading w/ Kim 9:30 Reality Orientation 10:00 Hot Chocolate and Cookies 10:30 Deal or No Deal 1:00 Music w/ Stan Haselton 2:00 Name that Tune 3:00 Chair Exercises w/ Sandra	8:15 Devotion - Daily Reading w/ Kim 9:00 Salon 9:30 Reality Orientation 10:00 Art/Craft 1:45 Fitness workout w/ Mouse 2:30 Bingo Happy Birthday Pat Wooke	8:15 Devotion - Daily Reading w/ Kim 9:30 Reality Orientation 10:00 Finish the Phrase / Brain Teasers 10:30 Chair YOGA w/ Becky Hoover 11:00 Devotion w/Suzanne Click 2:00 Movie and Popcorn/The Chosen Season 1 Episode 1	8:15 Devotion - Daily Reading w/ Kim 9:30 Reality Orientation 10:00 Noodle Ball 11:00 Sing-Along with Tom Alderman 1:00 Wii Bowling 2:00 Piano w/ Donna Brigman 3:00 Exercise w/Eleanor	8:15 Devotion - Daily Reading w/ Kim 9:30 Reality Orientation 10:00 Weekly Reading w/ Bowen Hopkins 10:30 Chair Exercise w/ Sandra 1:00 Connect the Dots 2:00 Music with Mary Hannah Samples 2:45 Elvis Birthday Celebration w/ Music by Russ Lanier	10:00 Movie (Resident's choice) 1:00 Circle Time "Balloon Noodle Ball" 3:00 Basketball/Air Hockey	
9:00 Obi Game Play 10:30 Bethany Bingo 2:00 Sunday Service w/ Bret Bacon (CH)	8:15 Devotion - Daily Reading w/ Kim 9:30 Reality Orientation 10:00 Sing-along with musical instruments 1:00 Music w/ Stan Haselton 1:45 Music with Elizabeth Casper 3:00 Chair Exercises w/ Sandra	8:15 Devotion - Daily Reading w/ Kim 9:00 Salon 9:30 Reality Orientation 10:30 Table Games / Coloring Pages 1:45 Fitness workout w/ Mouse 2:15 Prize Butterbean Auction Happy Birthday Faye Akins	8:15 Devotion - Daily Reading w/ Kim 10:00 Reality Orientation 10:30 Chair YOGA w/ Becky Hoover 11:00 Mid Week Bible Devotion Johnathan Smith/ Pittman Park Pastor 2:00 Movie and Popcorn/The Chosen Season 1 Episode 2 7:00 Metter Mennonite Church Singers	8:15 Devotion - Daily Reading w/ Kim 9:30 Reality Orientation 10:00 Pet Therapy in Gym 10:30 Prize Bingo with Ashley Meadows 1:00 Remember When Social Group 2:00 Piano w/ Donna Brigman 3:00 Exercise w/Eleanor	8:15 Devotion - Daily Reading w/ Kim 9:30 Reality Orientation 10:00 Weekly Reading w/ Bowen Hopkins 10:30 Chair Exercise w/ Sandra 1:00 Reminiscing Social Group 2:00 Piano w/ Dr. Braz 2:30 January Birthday Celebration	10:00 Movie (Resident's choice) 1:00 Circle Time "Balloon Noodle Ball" 3:00 Basketball/Air Hockey	
9:00 Obi Game Play 10:00 Sunday Service with Jordan Walker (CH) 2:00 Bethany Bingo	8:15 Devotion - Daily Reading w/ Kim 9:30 Reality Orientation 10:00 Volleyball 10:30 Simon Says 1:00 Music w/ Stan Haselton 2:00 Music with Rhythm 301 3:00 Chair Exercises w/ Sandra	8:15 Devotion - Daily Reading w/ Kim 9:00 Salon 9:30 Reality Orientation 10:30 Table Games / Coloring Pages 1:45 Fitness workout w/ Mouse 2:30 Bingo	8:15 Devotion - Daily Reading w/ Kim 9:30 Reality Orientation 10:00 Chair YOGA w/ Becky Hoover 10:30 Music w/ Hadley Campbell (CH) 1:00 Name the Animal Babies 2:00 Movie and Popcorn/The Chosen Season 1 Episode 3	8:15 Devotion - Daily Reading w/ Kim 9:30 Reality Orientation 10:00 Noodle Ball 11:00 Music w/ Tom Alderman 1:00 Puzzle Time/Table Games 2:00 Piano w/ Donna Brigman 3:00 Exercise w/Eleanor	8:15 Devotion - Daily Reading w/ Kim 9:30 Reality Orientation 10:00 Weekly Reading w/ Bowen Hopkins 10:30 Chair Exercise w/ Sandra 2:00 Fun Music & Dancing w/Donnie Collins 3:00 Hot Apple Pie Social	10:00 Movie (Resident's choice) 1:00 Circle Time "Balloon Noodle Ball" 3:00 Basketball/Air Hockey	Happy Birthday! Employee Birthday's Diamond Stokes 1/05 Valerie Barber 1/08 Melissa Williams 1/09 Bruce Pollard 1/10 Maceyla Griffin 1/19 Latasha Taylor 1/24 Lakeva Jones 1/26 Angela Alston 1/29
9:00 Obi Game Play 10:00 Sunday Service with Powell Collins 2:00 Bethany Bingo	8:15 Devotion - Daily Reading w/ Kim 9:30 Reality Orientation 10:00 Balloon Tic Tac Toe 1:00 Music w/ Stan Haselton 1:45 Music with Elizabeth Casper 3:00 Chair Exercises w/ Sandra	8:15 Devotion - Daily Reading w/ Kim 9:00 Salon 9:30 Reality Orientation 9:45 Outing Trip to Annie's Nail Salon 10:30 Table Games / Coloring Pages 1:45 Fitness workout w/ Mouse 2:30 Bingo	8:15 Devotion - Daily Reading w/ Kim 10:00 Reality Orientation 10:30 Chair YOGA w/ Becky Hoover 11:00 Devotion (CH) 2:00 Movie and Popcorn/The Chosen Season 1 Episode 4	8:15 Devotion - Daily Reading w/ Kim 9:30 Reality Orientation 10:00 Music Sing-Along 1:00 Activity with Christy From Library 2:00 Piano w/ Donna Brigman 3:00 Exercise w/Eleanor	8:15 Devotion - Daily Reading w/ Kim 9:30 Reality Orientation 10:00 Weekly Reading w/ Bowen Hopkins 10:30 Chair Exercise w/ Sandra 1:00 Reminiscing Social Group 2:00 Winter Wonderland Celebration Happy Birthday Carolyn Cannon	10:00 Movie (Resident's choice) 1:00 Circle Time "Balloon Noodle Ball" 3:00 Basketball/Air Hockey	